



# October 2022

Lunch includes an  
8oz Milk : White 1%,  
Chocolate skim

### Offered Daily

Cold Meal : Yogurt &  
Cheese Stick + Whole  
Grain Crackers & Animal  
Crackers + all vegetables  
& fruit choices

Available Wed-Fri  
Chef Salad

Lunch K-8 \$4.50  
Lunch Adult \$5.20  
Milk \$.85  
Water \$1.00

### Middle School & Adults

Extra Entrée \$2.50  
Dessert \$1.00  
Chips \$1.00  
Switch \$1.25

### Ice Cream Party

Entire Class \$25.00  
Entire Grade \$45.00

Menu items may change  
due to circumstances  
beyond our control.

<p>3 <b>BRUNCH FOR LUNCH</b> Mini Pancakes Sausage Wango Mango Tri Tater <i>Choice of Fruit</i></p>	<p>4 <b>National Taco Day</b> Soft Tacos Fiesta Beans Baby Carrots <i>Choice of Fruit</i></p>	<p>5 Pasta w/Meat Sauce Garlic Breadstick Baby Carrots Side Salad <i>Choice of Fruit</i></p>	<p>6 Slice Cheese Pizza Side Salad Fresh Broccoli w/dip <i>Choice of Fruit</i> <b>Hot Cinnamon Apples</b></p>	<p>7 <b>Finger Food Friday</b> Chicken Nuggets Pretzel Bites Smile Fries Baby Carrots w/dip <i>Choice of Fruit</i> World Smile Day 😊</p>
<p>10 Columbus Day  No School</p>	<p>11 <b>Taste Test Tuesday</b> Hotdog on Bun Baked Beans French Fries <i>Choice of Fruit</i> <b>Asian Style Chicken Taster</b></p>	<p>12 Slice Cheese Pizza Baby Carrots w/dip Side Salad <i>Choice of Fruit</i> <b>Hot Cinnamon Apples</b></p>	<p>13 Chicken Nuggets Corn Muffin Green Beans Fresh Broccoli w/dip <i>Choice of Fruit</i> <b>Awww Shucks!</b> Corn on the Cob</p>	<p>14 <b>BRUNCH FOR LUNCH</b> Chicken &amp; Waffles Dragon Punch Tri Tater <i>Choice of Fruit</i></p>
<p>17 <b>National Pasta Day</b> Pasta w/Meat Sauce Garlic Bread Side Salad Baby Carrots w/dip <i>Choice of Fruit</i></p>	<p>18 Cheeseburger Baked Beans Sweet Potato Puffs <i>Choice of Fruit</i></p>	<p>19 Chicken Nuggets Biscuit Mashed Potatoes Fresh Cut Veggies w/dip <i>Choice of Fruit</i></p>	<p>20 <b>BRUNCH FOR LUNCH</b> French Toast Sticks Sausage Dragon Punch Tri Tater <i>Choice of Fruit</i></p>	<p>21 <b>National Apple Day</b> Slice Cheese Pizza Baby Carrots w/dip Side Salad <i>Choice of Fruit</i> <b>Hot Cinnamon Apples</b></p>
<p>24 Chicken Sandwich Baked Beans Sweet Potato Puffs <i>Choice of Fruit</i></p>	<p>25 <b>BRUNCH FOR LUNCH</b> Mini Pancakes Sausage Wango Mango Tri Tater <i>Choice of Fruit</i></p>	<p>26 <b>National Pumpkin Day</b> Chicken Nuggets Corn Muffin Mashed Potatoes Fresh Cut Veggies w/dip <i>Choice of Fruit</i> 🍁</p>	<p>27 Slice Cheese Pizza Baby Carrots w/dip Side Salad <i>Choice of Fruit</i> <b>Hot Cinnamon Apples</b></p>	<p>28  Half Day  No Lunch</p>
<p>31 <b>Halloween</b> Grilled Cheese Tomato Soup Side Salad <i>Choice of Fruit</i></p>			<p><b>Harvest of the Month</b>  <b>Apples</b>  🍏 🍏 🍏</p>	